

Operation: Next Level Edification

PRESENTS

CAMP KUPAA MWANGA SUMMER ENRICHMENT PROGRAM

Parent and Student Handbook 2025



MISSION

To inspire self-reflection and a sense of soulful purposefulness in efforts to raise spiritual awareness, elevate human consciousness, and develop emotional intelligence through social awareness. To cultivate efficient self-learning habits and foster exceptional individual and group accountability for maximum level of achievement. And to promote proficiency in daily living activities for an overall progressive lifestyle

MOTTO

Education for the NEXT LEVEL of Human Consciousness

PROGRAM OVERVIEW

An educational experience for grades 1 through 12. Our approach is unique in that the program focuses on the whole person: physical, mental, and spiritual by offering an interest based curriculum in efforts to boost their receptivity and cognitive ability for the betterment of themselves and others. We are also unique in that we employ many different teaching modalities to enhance the students educational experience such as: Montessori, Waldorf and Homeschool, each allowing students a tailored approach to their education. Students are also given tools to collectively construct and employ a functioning business by the programs end, further enhancing their socio-emotional awareness. Lastly, students will learn techniques to raise their spiritual awareness by studying the effects of deep breathing techniques, daily yogic and movement practices, and positive affirmations.

Dear Students and Parents,

On behalf of the entire staff, it is my privilege to welcome you to CAMP KUPAA MWANGA SUMMER ENRICHMENT CAMP 2025. At Camp Kupaa Mwanga we strive to provide the best possible educational experience for each and every student. We are confident that your family will find our space to be a caring and exciting place for your child to learn, create and grow.

We are looking forward to partnering with you and your loved ones to fulfill our mission. We strive to reach new levels of enlightenment while working together around common goals. Great things will be achieved when we reach together towards higher levels of conscious awareness and put forth the necessary effort.

This handbook has been created with the intentions of making our program more comprehensive as we progress through the summer together. In it you will find information about our policies and practices designed to foster a caring, secure, and organized environment that will enable your child to reach his or her maximum potential intellectually, emotionally, and spiritually.

The partnership between Camp Kupaa Mwanga and home is a critical one in making each child's educational experience successful. We look forward to getting to know you and your child during the summer. I invite you to become actively involved as a volunteer/field trip chaperone or as a Mission Collaborator.

If you have questions or concerns at any time during the summer, please feel free to call, email or schedule a conference appointment. We are here to help you and your children, and we look forward to doing just that.

In Peace,

Ayesha Aashaki
Mission Executive Director

Joy Austin
Mission Director

O.N.L.E. Camp Kupaa Mwanga Summer Enrichment
campkupaamwanga@gmail.com
campkupaamwanga.com
978-754-NEXT

General Information

Program Hours

Program starts at 9:00 a.m. and ends at 4:00 p.m.

Arrival Procedures

Students may arrive beginning at 8:45 a.m. in the outdoor space located behind the facility (accessible from the parking lot). Students are required to sign in upon arrival.

Please note: Students arriving prior to 8:45 a.m. will need to be enrolled in Before Care. If it is necessary for your child to arrive earlier than 8:45 a.m., Before Care is available for an additional weekly fee.

Dismissal Procedures

Students are to be picked up by either their parent or authorized pickup person listed during registration. For the safety of our students, authorized adults will need to present a photo ID with name matching our records on file. Students will dismiss from the outdoor space located behind the facility (accessible from the parking lot).

Change of Dismissal Procedure

If you need to change your child's dismissal procedure, such as notifying us that some other authorized adult will be present at dismissal, please contact us by text at 978-754-NEXT or email at campkupaamwanga@gmail.com. If for some reason, an adult who is not authorized for pick up needs to pick up a student, then a written notice is to be given stating the name of the individual as it appears on their photo ID and a pickup code will be given to the parent to relay to the unauthorized adult. The unauthorized adult will need both their photo ID and pickup code before the child is released with the adult. Please refrain from making any changes to your child's dismissal procedures after 1:00 pm unless it is an emergency.

Before and After Care

The program is available from 8 a.m. until the start of the camp day and again after camp until 6:00 p.m. The cost for Before care is an additional \$50 per week and After care is an additional \$50 per week. **Cost per week is not prorated.** Before and After care tuition must be paid the Friday before the start of care and can be paid on a weekly basis. Discounts available for multiple weeks paid in advanced.

Late Arrivals

Parents will need to notify staff no later than 8:45 a.m. if student(s) will be arriving after 9:15 a.m. on the given day. Parents can call or text 978-754-NEXT if they feel they will not be arriving on time.

Late Pickups

Students are expected to be picked up daily by 4pm. After 4:20 parents will be charged After Care Tuition of \$20/day. Late Pickup Tuition is to be paid by the end of the week.

Student Tuition

Tuition payments are due before the start of service. This assures activity materials and field trip admissions. Tuition can be paid weekly, discounts available for multiple weeks paid in advance.

Student Needs

All students will need to come with a bag with an extra set of clothes (top, bottom and under garment), their packed lunch and snack, appropriate shoes, hat/sunscreen and water everyday.

Student Attendance

Regular attendance is very important for each student. However, if for any reason a student needs to be absent, parents are asked to give notice by text or email stating the day or days your child will be absent and the reason for the absence (illness, vacation etc.). All absences are asked to be reported no later than 8:45a.m. on the day of the absence.

If it becomes necessary to leave before regular dismissal time (for medical or dental appointments etc.) a notice should be sent via text or email stating the time of departure.

Camp Closings, Delayed Openings, Early Dismissals

CAMP WILL BE CLOSED JULY 4

Circumstances which affect our schedule, inclement weather or building conditions, will be announced on the Camp website, Camp App, Facebook page and via text.

Safety Drills

Students will participate in fire, tornado, earthquake and intruder drills throughout the summer. All Educators and students will be given information about safety procedures appropriate for such situations. Students are required to become thoroughly acquainted with the procedures for all emergency drills.

Student Supplies

Students will be equipped with a Camp T-shirt, hat, water bottle, and a journal. All items will have students name on it. All items are to be kept inside their camp bag and will remain at camp; shirts will be washed in hypoallergenic detergent after use. At the conclusion of summer, students will take home all items accumulated throughout the program.

Student Dress

Student clothing should be functional and comfortable. Students should wear shoes that protect the child's foot and help the child walk or run safely. We recommend tennis shoes and discourage open toed or loose-fitting sandals. Swim days are an exception where students should bring a pair of water-resistant shoes that can be kept in their bag. **All students are required to wear their camp shirt on all field trips.**

Student Code of Conduct

High standards of behavior are required of students for the safety and well-being of all and to preserve a positive environment for learning. We will continue to use a character education approach to teaching expected behaviors. At the beginning of the summer, all students are educated on the expected behaviors.

Personal Property

Students should not bring toys, balls, or electronic devices to camp unless given specific instruction to do so. Any toys brought to camp without instruction will be kept in the students' cubby/locker. **Cellphones are not to be used by any student during camp hours unless to make a phone call or for instructional purposes.** We encourage social engagement without the use of electronics. Items brought to camp which pose hazardous or dangerous may necessitate a parent conference with the director, this includes unauthorized use of cell phones in a way that distracts other students from their educational experience.

Enrichment progress

All students will be given an assessment, once at the beginning of summer and again at the end of the program. The assessment is used to gauge the students progress of material presented throughout the summer and is given based on the age/grade, skill, and interest of the student. Students will also present their work at the end of the summer; the presentation will be documented via recording session and parents will be sent a private YouTube link in order to view the presentation live.

Parents are encouraged to contact the directors at any time to discuss their child's progress. Parents will also be given the opportunity to participate in a post-session survey where program feedback and testimonials are encouraged.

Health

>All health concerns and allergies should be documented and recorded at the time of registration. <

Medication

A child may only receive medication of any type during camp that is absolutely necessary and required by the doctor on a scheduled basis (every two hours, etc.) If this is the case, we ask the parent to follow these procedures:

Prescription drugs

All prescription drugs must be brought to camp by a parent/guardian between 7 a.m. to 6:00 p.m.

There must be a written physician's order for the student which includes the name of medication, dosage, time interval to be given (if ordered "as needed" - a plan must be provided), and a diagnosis or reason for the medication. A current prescription label on the container may serve as the physician's order for the medication with the name of the student and dosage. Written permission must be provided by the parent/guardian requesting that Camp Kupaa Mwanga comply with the physician's order. Prescription medication should be brought to camp in a container appropriately labeled by the pharmacy.

If there is **any** change in the dose or timing of the medication, the physician must submit the **change in writing**. A parent may not give permission to administer medication differently than the physician's order.

The student is not to possess any prescription drugs at camp. *Exception to this procedure: the doctor may order students to carry a self-administer medication, such as inhalers. The doctor's order must be on record.*

Over the counter drugs

Over the counter drugs may be brought to camp by the student provided that upon arrival to camp, a director is made aware of the over-the-counter drugs and are stored appropriately with the nurse or director.

ALL over the counter drugs must be in the original container with directions for administering and must have a written statement from the parent/guardian indicating permission for the student to take or receive. If the orders for administering are to be modified in any way, the parent must indicate this in the written statement

Food items

Students remain at camp for lunch and have food snacks towards the end of the day. If a child has an allergy to certain foods, or if there is a family practice that encourages the eating of specific kinds of food, this is to be made known and documented during registration.

Illness at Camp

If a child becomes ill at camp, parents are contacted, and the child is sent home. If the parent is unavailable, the next parent and/or emergency contact will be contacted. Students sent home with a temperature over 100 degrees should remain home for 24 hours after the temperature returns to normal without having to take medication.

Head Lice

If you find head lice or nits in your child's hair, contact your physician, pharmacist, or the school nurse for the proper treatment instructions. It is important the school be contacted so the other children can be checked by their parents.

If a case of lice is detected, the student is sent home for treatment. Notices are sent to the parents of all children in contact with said child so they can check their children also. Students with head lice must be brought in by an adult. They will be readmitted after being checked by nurse and found to be "nit-free".

Food Service

>WELLNESS GUIDELINES< All foods served at camp will have a dairy free, nut free and gluten free option

Lunch

All students will need to have a packed lunch and snack every day.

Culinary Program

The Culinary Program, led by Chef Lex in which students will work to prepare a snack, meal, or dessert. Each week, students will begin to work out their recipe, plan for and shop for food materials needed for the meal. Students are expected to still bring a packed lunch and snack on Culinary.

Field Trips

Field-Trip-Friday

Each Friday Camp Kupaa Mwanga will take a trip to a designated facility in efforts to expand the educational experience of each student. The trips are designed to be fun, engaging and educational; from the material presented on site to the social experience of traveling with peers, students are sure to have a wholistic learning experience.

Friday departure is at 8:50 a.m. Students are encouraged to arrive by 8:30 a.m. and no later than 8:40 a.m. on Fridays. **Students are expected to put on their designated camp shirt upon arrival and have all of their belongings i.e., lunch and bag, ready to go.**

Swim Day

Throughout the summer, trips will be taken weekly to a swimming facility in order to promote water safety and awareness along with developing a sense of adventure in their childhood experience. Each Friday, a notice will be sent to parents regarding the following week swim schedule.

Each Swim Day, students are to come equipped with: bathing suit, towel, **water resistant shoes** and a wet bag. Students may bring swim goggles that only cover their eyes, **NO SNORKLE GOGGLES** are permitted in any Cincinnati Public swim facility.

Library Excursion

Each week students will travel to a Cincinnati Public Library to research their project topic. If they have a library card, upper grade-school students are free to check out materials necessary for the completion of their project. Upper grade-school students are responsible for returning their materials in a timely manner.

Hiking Adventures

Daily walks and trips to parks take place for nature-based exploration. Students should always have appropriate footwear in order to effectively participate in these activities.

Grocery Haul

As part of the student's culinary and financial literacy curriculum, students will on occasions travel to the grocery store to procure items needed for the Culinary Program.

Daily Activities

SOMA

SOMA is the students summer business project. SOMA is an acronym that stands for Service Oriented Manifestation Actualization. Grade school students participate in a group project in which each S.I. (Similar Interest) group is tasked with producing and implementing a functional business that they will present as a cumulative project to conclude the program at the end of the summer, scheduled for August. Students may make and sell a product, provide a service, educate (YouTube channel), or whatever they feel destined to share with the Collective.

SI Groups

SI (Similar Interest) groups are where grade school students engage daily in group activity focused on developing and implementing their SOMA. The purpose of this is to give students space, time, materials and support to explore, research, learn, build, create and design their ideas with other students who have similar interest.

Financial Literacy and Entrepreneurship

Students learn how to prepare a business pitch, create a budget, source materials, develop a marketing strategy and more in efforts to create their SOMA.

Rhythm and Movement

Students engage in rhythmic movement that promotes communal rhythm and movement, physical coordination, and energetic alignment.

Culinary Preparedness

Each week, all students participate in food preparation that includes learning about kitchen safety and preparation, the dish for the week and its necessary ingredients, budget formation for ingredients and shopping for the ingredients. Each week, the dish becomes more complex, involving more ingredients, skills, and technique necessary for preparation. Students also engage in learning about agriculture and sustainability while growing their own food.

Consciousness Elevation

Students engage in such activities that promote self-reflection as a means of self-regulation in efforts to increase their self-awareness. Students use a variety of techniques such as deep breathing, yoga, positive affirmations, visualization, and more in order to learn more about their needs as it relates to their physical, mental and emotional wellness. Students use journaling to document their growth and understanding.

Artistic expression

Students engage in a variety of art projects and activities. Students also have the opportunity to explore music and sound therapy, theater and dramatic play. Students are encouraged to find their own means of expression in any form within reason.

Soulful Purpose Education

O.N.L.E. is focusing on building a sense of soulful purpose in our students, and we are asking you to join our mission. As parents, educators, and community members working together we aspire to help students cultivate the skills needed for lifelong success. These skills include self-reflection, service oriented objectives, critical thinking, goal setting, listening and speaking, self-directed learning, and the ability to work in groups. We will be focusing on developing the habits for healthy human wellbeing. These habits are soulful qualities all students can learn to become an advocate of self and for others and will help to raise the consciousness of the human collective.

Coding

Over the course of the summer, students will learn basic to advanced coding as a part of their education on cognitive function. Incorporating coding into the curriculum may help students recognize the similarities between the workings of their mind and that of computers. With their knowledge of coding, students will have the opportunity to develop their own website, computer/phone application, or a computer/phone game as it relates to their SOMA.

EIC

EIC (pronounced Ace) is Camp Kupaa Mwanga's leadership program. EIC is an acronym that stands for Educators In Cultivation. Students in the program are entering grades 9-12 and are assigned leadership positions and the complexity of their role is based on their interest and skills. EIC is designed to nurture and cultivate leadership, teamwork, and a sense of purpose. The program aims to instill confidence in sharing one's passion and assist the younger generation in doing the same.

In order to become an EIC, a request for an application must be sent through the website before the deadline. Students must then attend an interview and subsequent EIC training prior to the start of the program.

Cultural Festivities

In line with celebrating cultural heritage, students will engage in festivities such as learning about Kwanzaa principles, celebrating Juneteenth, and other activities holding cultural significance. Parents can volunteer to help with the Juneteenth celebration taking place June 19th. Refreshments, crafts, games, and clean up after the celebration are all welcomed and encouraged. Please follow the Wellness Guidelines when providing treats for festivities.

O.N.L.Y. Alliance

MDs

MDs or Mission Directors are Ayesha and Joy. Students can refer to them as Coach Ayesha and Ms. Joy. They are Camp Kupaa Mwanga's Primary Educators. With a combined 25+ years of education, Ayesha and Joy are committed to providing an "Education for the Next Level of Human Consciousness" through continued personal development and enlightenment, and a passion for educating the next generation of lightworker and starseed children, Camp Kupaa Mwanga is sure to provide students with an education for a lifetime.

MCs

MCs or Mission Collaborators are Camp Kupaa Mwanga's Secondary Educators. MCs are involved in many aspects of the educational program; providing support to MDs in daily activities, chaperoning fieldtrips, and sharing their knowledge with the students in efforts to expand the students educational experience, MCs are vital to the success of the program. MCs are committed to upholding Camp Kupaa Mwanga's mission.

EICs

EICs are very much a part of the Alliance as they work to provide additional support for the MDs and MCs by exemplifying exceptional leadership qualities. EICs play a vital role throughout the day; setting up and leading daily activities to assisting other students, EICs engage in ways they feel most apt to lead and be of service.

>Any concerns should be directed toward the MDs<

Tuition

>Tuition payments are due in full before the week of service. This assures activity materials and field trip admissions. Tuition can be paid weekly, discounts available for multiple weeks paid in advance.<

Weekly Tuition

\$200/per week

2 or more weeks paid in advanced

5% off total tuition payment

Sibling Discount

Initial student regular tuition

Each Sibling 10% off tuition

Before Care 8am

\$50/per week

After Care until 5pm

\$50/week